



Project TEACH Statewide Intensive Training
Child and Adolescent Mental Health for Primary Care Clinicians

Date: 10/26, 10/27, 11/2 and 11/3

Location: Zoom Live Virtual

Four, 4-hour Series Total 15.0 hr CME

Sunday, October 26, 2025 Part 1: ADHD and Collaborating with School
12 pm to 4 pm

Course Leader: Mike Scharf, MD

12:00 – 12:05 pm **Welcome and Introduction and House keeping**
Mike Scharf, MD

Module Topic 1: ADHD (1 hr, 50 min)

12:05 - 12:40 pm **Assessment of ADHD with case presentation**
Josh/Mike A??

12:40 – 1:20 pm **Treatment of ADHD**
Molly Scharf, MD

1:20 – 2:00 pm **Trickier Questions for Trickier Kids**
Viki Katsetos, MD

2:00 – 2:20 pm **Questions and Answers**
Moderator: Mike Scharf, MD

2:20 – 2:35 pm **Break**

Module 2 : Working with School (1 hour, 15min)

2:35 – 3:35 pm **Understanding and Collaborating with Schools**
Mike Scharf, MD and Lynn Carragher, MEDL

3:35 – 3:50 pm **Questions and Answers**
Moderator: Viki Katsetos, MD

3:50 – 4:00 pm **Evaluations and Wrap-Up**



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Monday, October 27, 2025, Part 2: Anxiety and Aggression
8 am -12 pm

Course Leader: Wanda Fremont, MD

Module Topic 3: Anxiety (2 hours, 5 min)

8:00 – 8:25 am Assessment and Diagnosis
Jason Herrick, MD

8:25 – 8:50 am Treatment
Jessica Grant, MD

8:50 – 9:05 am Incorporation Into Your Practice: Assessment and Treatment
Interviewer: Mike Scharf, MD
Experts: Maureen Montgomery, MD and Jessica Grant, MD

9:05 – 9:35 am Difficult Case – School Refusal
Wanda Fremont, MD

9:35 – 9:50 am Questions and Answers
Moderator: Jousha Russell , MD

9:50 – 10:05 am Break

Module Topic 4: Aggression (1hour, 45 min)

10:05 – 10:35 am Assessment
David Kaye, MD

10:35 – 11:10 am Treatment
Zoya Popivker, MD

11:10 – 11:35 am Incorporation into your practice (with 10 min table activity)
Maureen Montgomery, MD

11:35 – 11:50 am Questions and Answers
Moderator: Joshua Russell, MD

11:50 – 12:00 pm Evaluations and Wrap-Up



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Sunday, November, 2, 2025, Part 3: Depression and Suicide Assessment/Management
12 pm-4 pm

Course Leader: Rachel Zuckerbrot, MD

Module Topic 5: Depression and Suicide (3 hour, 40 min)

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| 12:05 – 12:35 pm | Assessment and Diagnosis of Adolescent Depression
Molly Scharf, MD |
| 12:35 – 1:05 pm | Management and Treatment of Adolescent Depression
Jessica Grant, MD |
| 1:05 – 1:20pm | Video: Talking to Teens and Parents about starting SSRI
Doctor=Diane Bloomfield, MD; Patient: Zoya Popivker, MD
and Parent- Jessica Grant, MD |
| 1:20 – 1:35 pm | Questions and Answers
Moderator: Rachel Zuckerbrot, MD |
| 1:30 – 1:50 pm | Break |
| 1:50 – 2:20 pm | Bipolar Depression: Fact or Fiction
Rachel Zuckerbrot, MD
Panel Discussion |
| 2:20- 2:40 pm | Suicide Assessment and Management in Pediatric Primary Care
Molly Scharf, MD |
| 2:40 – 3:10 pm | Video: Patient Simulation Assessing and Managing Suicide Risk in Real World Practice
Moderator: Rachel Zuckerbrot MD
Doctor - Diane Bloomfield, MD; Patient – Zoya Popivker, MD
and Parent – Jessica Grant, MD |
| 3:10 – 3:25 pm | Safety Planning with Suicidal Teens & Their Parents
Rachel Zuckerbrot MD and Jessica Grant, MD |
| 3:25 – 3:45 pm | Questions and Answers
Moderator: Rachel Zuckerbrot MD |
| 3:45 – 4:00 pm | Evaluation and Wrap up |



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Monday, November, 3, 2025, Part 4: Trauma Informed Care and Eating Disorders
8 am-12pm

Course Leader: Victor Fornari, MD

Module Topic 7: Trauma, Loss, and Trauma-Informed Care (2 hours)

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| 8:00 – 8:20 am | Assessment and Diagnosis
Victor Fornari, MD and Nayla Khoury, MD |
| 8:20 – 8:40 am | Screening
Victor Fornari, MD and Nayla Khoury, MD |
| 8:40 – 9:00 am | Treatment
Victor Fornari, MD and Nayla Khoury, MD |
| 9:00 – 9:15 am | Table Activity (Assessment and Diagnosis: CASE A, Part-1)
Cori Green, MD |
| 9:15 – 9:30 am | Incorporation Into Your Practice: Trauma-Informed Care
Cori Green, MD |
| 9:30 – 9:45 am | Table Activity (Incorporation Into Your Practice: CASE A, Part-2)
Cori Green, MD |
| 9:45 – 10:00 am | Questions and Answers
Moderator: Mike Adragna, MD |
| 10:00 – 10:15 am | Break |

Module Topic 8 : Eating Disorder (1 hour, 30 min)

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| 10:15 – 11:30 am | Eating Disorder Assessment and Treatment for PCP
Victor Fornari, MD and Rachel Kaufman, MD |
| 11:30 - 11: 45 am | Questions and Answers
Moderator: Mike Adragna, MD |
| 11:45 – 12:00 pm | Evaluation and Next Steps (Follow-up) |



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Goals:

1. Recognize the presentation, diagnosis, comorbidity, neurobiology, and current treatment options available for individuals with ADHD.
 2. Assess depression in youth, and evaluate the treatment options for children and adolescents, including an assessment of the black box warning for SSRIs.
 3. Differentiate common anxiety disorders, and describe their assessment and treatment.
 4. Recognize the behaviors resulting from trauma that require treatment, and evaluate the treatment options for children and adolescents
 5. Define pediatric bipolar disorder, and provide examples of effective evidence-based therapies
 6. Assess children with aggression as a primary problem area, recognizing the relevant underlying factors, clinically assess, and provide evidence based treatment options
 7. Assess the factors contributing to school refusal and identify the important elements of a broad treatment plan
 8. Understand the resources schools have available to assist children with mental health needs and how to access them.
 9. Screen, assess, triage, and manage suicidal children and adolescents
 10. Assess and development a management plan for adolescents with nonsuicidal self injurious behaviors
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