



**Project TEACH Live Virtual Statewide Intensive Training
Beyond Screening and Diagnosis in Perinatal Psychiatry: Evidence-based Medication and
Psychotherapeutic Approaches
April 27, 2025 1:00pm-4:00pm ET and April 28, 2025 8:00am-11:00am ET**

PROGRAM AGENDA

Day 1: Sunday, April 27

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| 1:00-1:15pm | Welcome, Project TEACH overview and housekeeping slides
Kristina Deligiannidis, MD |
| 1:15-1:45pm | How can I safely prescribe psychotropics to pregnant patients? An evidence-based approach to considering medications in the treatment of psychiatric disorders in pregnancy/lactation.
-Case presentation with poll questions and invite questions
Nevena Radonjic, MD, PhD |
| 1:45-2:25pm | Treatment of unipolar depression and anxiety in perinatal patients
-poll questions and invite questions
Julia Vileisis, MD |
| 2:25-2:40pm | Break |
| 2:40-3:30pm | Treatment of bipolar disorder in perinatal patients
-Case presentation with poll questions and invite questions
Elizabeth Fitelson, MD |
| 3:30-4:00pm | Question and Answer Session
Faculty: Kristina Deligiannidis, MD, Nevena Radonjic, MD, Julia Vileisis, MD, Elizabeth Fitelson, MD |

Day 2: Monday, April 28

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| 8:00-8:05 am | Welcome back, housekeeping slides and intro to next module
Kristina Deligiannidis, MD |
| 8:05-8:40am | Treatment of ADHD in perinatal patients
Khatiya Moon, MD |
| 8:40-9:15am | Treatment approaches to insomnia in perinatal patients
Joshna Singh, MD |
| 9:15-9:30am | Break |



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|----------------------|---|
| 9:30-10:15am | Approach to psychotherapeutic interventions for perinatal psychiatric illness
Catherine Monk, PhD and Ellen Poleshuck, PhD |
| 10:15-11:00am | Answers to your clinical questions and clinical case review
Faculty: Kristina Deligiannidis, MD, Khatiya Moon, MD, Joshna Singh, MD, Catherine Monk, PhD and Ellen Poleshuck, PhD |