



Project TEACH Statewide Intensive Training
Child and Adolescent Mental Health for Primary Care Clinicians

Date: April 6th-7th, 2025

Location: New York Marriott at the Brooklyn Bridge
333 Adams Street, NY

Agenda for Sunday, April 6^h

8:30 - 9:00 am* Registration

Introduction & Overview (CME hrs 2:45)

9:00 - 9:10 am Project TEACH Welcome and Overview
Mike Scharf, MD

Module Topic 1: ADHD (9:10 – 11:45)

9:10 - 9:50 Assessment of ADHD with case presentation
Molly Scharf, MD

9:50 - 10:40 Treatment of ADHD “Incorporation Into Your Practice/Table Activity”
Diane Bloomfield, MD

10:40 - 11:30 Trickier Questions for Trickier Kids
Jason Herrick, MD

11:30 - 11:45 Questions and Answers
Moderator: Victor Fornari, MD

11:45 - 1:00 Lunch Break

Module Topic 2 : Depression (2 hr 50 min)and Suicide (1 hr 35 min), (Total CME 4.)

1:00 – 1:30 pm Assessment and Diagnosis of Adolescent Depression
Diane Bloomfield, MD

1:30 – 2:00 pm Management and Treatment of Adolescent Depression
Jessica Grant, MD

2:00 – 2:15 pm Video: Talking to Teens and Parents about starting SSRI
Doctor-Diane Bloomfield, MD; Patient-Zoya Popivker, MD
and Parent- Jessica Grant, MD

2:15 – 2:30 pm Questions and Answers
Moderator: Rachel Zuckerbrot, MD

2:30 – 2:50 pm Break

2:50 – 3:10 pm Bipolar Depression: Fact or Fiction
Rachel Zuckerbrot, MD
Panel Discussion

3:10 - 3:30 pm Suicide Assessment and Management in Pediatric Primary Care
Molly Scharf, MD



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- 3:30 – 4:00 pm** **Video: Patient Simulation Assessing and Managing Suicide Risk in Real World Practice**
Moderator: Rachel Zuckerbrot MD
Doctor - Diane Bloomfield, MD; Patient- Zoya Popivker, MD
and Parent -Jessica Grant, MD
- 4:00 – 4:15 pm** **Safety Planning with Suicidal Teens & Their Parents**
Molly Scharf, MD
- 4:15 – 4:30 pm** **Questions and Answers**
Moderator: Rachel Zuckerbrot MD
- 4:30 – 4:45 pm** **Evaluation and Wrap up**



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Agenda for Monday, April 7th

8:30 - 8:45 am* Welcome, Housekeeping and LC Introduction – Day 2
Mike Scharf, MD

Module Topic 3: Trauma, Loss, and Trauma Informed Care

- 8:45 - 9:05** Assessment and Diagnosis
Victor Fornari, MD and Mike Scharf MD
- 9:05 - 9:25** Screening
Victor Fornari, MD and Mike Scharf MD
- 9:25 - 9:45** Treatment
Victor Fornari, MD and Mike Scharf MD
- 9:45 - 10:00** Table Activity (Assessment and Diagnosis: CASE A, Part-1)
Cori Green, MD
- 10:00 - 10:15** Incorporation Into Your Practice: Trauma-Informed Care
Cori Green, MD
- 10:15 - 10:30** Table Activity (Incorporation Into Your Practice: CASE A, Part-2)
Cori Green, MD
- 10:30 - 10:45** Questions and Answers
Moderator: Victor Fornari, MD
- 10:45 – 10:55** Break

Module Topic 4: Anxiety

- 10:55 - 11:20** Assessment and Diagnosis
Jason Herrick, MD
- 11:20 - 11:45** Treatment
Zoya Popivker, MD
- 11:45 - 12:00** Incorporation Into Your Practice: Assessment and Treatment
Interviewer: Zoya Popivker MD
Experts: Cori Green, MD
- 12:00 – 1:15** Lunch Break
- 1:15 - 1:45** Difficult Case - School Refusal
Mike Scharf, MD
- 1:45 – 2:00** Questions and Answers
Moderator: Victor Fornari, MD
- 2:00 – 2:15** Break



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Module Topic 5: Aggression

2:15 - 2:45	Assessment Mike Scharf, MD
2:45 - 3:15	Treatment Zoya Popivker, MD
3:15 - 3:40	Incorporation into your practice (with 10 min table activity) Molly Scharf, MD
3:40 - 4:00	Questions and Answers Moderator: Victor Fornari, MD
4:00-4:15	Wrap Final comments and Evaluations

Virtual Follow-Up Sessions:

Following this two-day event, the learning continues through three extension sessions that will provide insight into common primary care practice concerns.

- **Wednesday, 4/16/25 • Noon – 1 pm**
“Eating Disorder Assessment and Treatment for Primary Care Clinicians”
Victor Fornari, MD and Mary DeGuadi, MD
- **Wednesday, 4/23/25 • Noon – 1 pm**
“Non-Suicidal Self-Injurious Behavior”
Jim Wallace, MD and Maureen Montgomery, MD
- **Wednesday, 4/30/25 • Noon – 1 pm**
“Understanding and Collaborating with Schools”
Jim Wallace MD and Lynn Carragher MD



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Intensive Training Accreditation:

ACCREDITATION: The University at Buffalo Jacobs School of Medicine and Biomedical Sciences is accredited by the ACCME to provide continuing medical education for physicians.

CERTIFICATION: The University at Buffalo Jacobs School of Medicine and Biomedical Sciences designates this internet live activity for a maximum of 12.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**The UB CME Office will provide UB CME Certificates of Attendance to allied healthcare professionals or non-physicians, who have attended a UB CME certified and accredited educational activity. The allied healthcare professional is responsible for submitting the UB CME certificate to their own governing body for credit. Most allied healthcare professional boards accept Physician credits.

LEARNING OBJECTIVES: At the conclusion of this program, participants should be able to:

1. Recognize the presentation, diagnosis, comorbidity, neurobiology, and current treatment options available for individuals with ADHD.
2. Assess depression in youth, and evaluate the treatment options for children and adolescents, including an assessment of the black box warning for SSRIs.
3. Differentiate common anxiety disorders and describe their assessment and treatment.
4. Recognize the behaviors resulting from trauma that require treatment and evaluate the treatment options for children and adolescents.
5. Define pediatric bipolar disorder and provide examples of effective evidence-based therapies.
6. Assess children with aggression as a primary problem area, recognizing the relevant underlying factors, clinically assess, and provide evidence-based treatment options.

This Intensive Training “Child and Adolescent Mental Health for Primary Care Clinicians” is at no cost to pediatric care clinicians in New York State.



Project TEACH is funded by a grant from the New York State Office of Mental Health.