

Intensive Training: Screening, diagnosis and treatment of perinatal mood and anxiety disorders in primary care settings

Date: September 30, 2024

Location: Syracuse

Time: 9:30am-5:00pm

PROGRAM AGENDA (DRAFT)

Monday, September 30th

9:00 - 9:30am Registration

Introduction: 30min

**9:30 - 10:00am Welcome, Project TEACH overview and housekeeping slides
Kristina Deligiannidis, MD**

Module Topic 1: Screening (2hr 15min)

**10:00 - 10:45am Epidemiology, screening and assessment of perinatal mood and anxiety disorders (PMADs)
Yardana Kaufman, MD**

**10:45 - 11:30am Suicide risk assessment and management in obstetric, pediatric and family medicine practices
Joshna Singh, MD**

**11:30 - 11:45am How to incorporate screening into primary care practices
Christina Riggall, FNP
Ellen Tourtelot, MD**

11:45 - 12:15pm Symptom assessment and suicide risk assessment on stage with role play (by RPs) followed by table-based discussion

12:15 - 1:00pm Lunch Break

Module Topic 2: Treatment part 1 (2hr 40min)

**1:00 - 1:50pm Psychotherapy and pharmacologic approaches to perinatal depression and anxiety
Nevena Radonjic, MD, PhD**

**1:50 - 2:40pm Assessment and management of bipolar disorder during the perinatal period
Betsy Fitelson, MD**

2:40 - 3:00pm Coffee Break

**3:00 - 3:40pm Clinical case discussion including shared decision making
Kristina Deligiannidis, MD**

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Module Topic 3: Treatment part 2 (1hr)

3:40 - 4:10pm

Treatment of ADHD in perinatal patients

Jeff Iler, MD

4:10 - 4:40pm

Treatment of insomnia in perinatal patients

Mark Rapp, MD

4:40 - 4:55pm

How to incorporate behavioral health treatment and referrals into primary care practices

Ellen Tourtelot, MD

4:55 - 5:00pm

Closing

Kristina Deligiannidis, MD