

Intensive Training: Screening, diagnosis and treatment of perinatal mood and anxiety disorders in primary care settings

Date: November 4, 2023

Location: Marriott Westchester

670 White Plains Road, Tarrytown, NY 10591

Time: 10:00am-4:00pm

PROGRAM AGENDA

Saturday, November 4th

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| 9:00 – 10:00am | Registration |
| 10:00 – 10:15am | Welcome, Project TEACH overview and housekeeping slides
Kristina Deligiannidis, MD |
| 10:15 – 11:10am | Epidemiology, screening and assessment of perinatal mood and anxiety disorders (PMADs)
Nicole Pacheco, MD |
| 11:10 – 12:00pm | Suicide risk assessment and management in obstetric and family medicine practices
Julia Vileisis, MD |
| 12:00 – 1:00pm | Lunch (provided) |
| 1:00 – 2:00pm | Psychotherapeutic and pharmacologic (antidepressant and benzodiazepine) approaches to perinatal depression and anxiety
Joshna Singh, MD |
| 2:00 – 3:00pm | Assessment and management of bipolar disorder during the perinatal period
Elizabeth Fitelson, MD |
| 3:00 – 3:15pm | Break |
| 3:15 - 4:00 pm | Question and answer session
All faculty |

Extended Learning Session (virtual)

November 13, 2023

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| 12:00 - 1:00 pm | Case Discussion: Review and Discuss Perinatal Psychiatry Cases
Elizabeth Fitelson, MD, and Project TEACH Panel |
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